

**WELLBEING INCURSION**  
**ROOMS B1 B2 B4 C2 C3 D2 & D4**

Dear Parents

In fourth term some classes at Winthrop Primary School will participate in 'Wellbeing' lessons run by Mrs Linda Bancroft as part of the Health and Physical Education learning area.

The lessons will be conducted at school, on either a Monday or Friday. The program consists of a series of four 45 minute sessions and the focus of these lessons is breathing, stretching and relaxation (calming) techniques.

The total cost of the incursion is **\$13.00**. Our preferred method of payment would be via the **Qkr App**. Cheques should be made payable to Winthrop Primary School. If families have paid the 'up front' \$100 excursion charges it will not be necessary to send any money. Money must be paid to the office by **Friday 3<sup>rd</sup> November 2017**.

**School Refund Policy Excursion/School Based Activity** - School extra cost optional activities eg. Excursions/School Based Activity, camps, are undertaken by the school on a self supporting cost basis. If you have paid for an activity and your child is unable to attend, please notify the school as soon as possible. If the school has incurred a cost/s for an activity on behalf of a student this will be deducted from any refund.

Kind regards  
Nancy Crane

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**(Please Return to School Front Office)**

**Winthrop Primary School** - Parent/Guardian Consent Form

Year Level ..... Room No. ....

**Wellbeing Incursion**

I give permission for my child.....to attend Wellbeing lessons this is a school based activity.

Signed.....Parent/Guardian....Date:.....

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**(Please Return to School Front Office)**



**Winthrop Primary School** - Payment Slip

Student's Name: \_\_\_\_\_ Yr Level \_\_\_\_\_ Rm No. \_\_\_\_\_  
(FULL NAME)

**Amount Payable**  
\$13.00

**WELLBEING INCURSION**

- Qkr App** – preferred
- Cheque** – made out to Winthrop Primary School, student's name & phone number on reverse.
- Cash** – Correct money only, no change given or responsibility accepted for lost cash or discrepancies
- Paid from Student's Upfront Excursion Balance** – Please note excursion can only be paid this way if the Upfront balance is in credit.

 \_\_\_\_\_ REFERENCE NO: Office use only. \_\_\_\_\_